



Dickinson-Iron District Health Department

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Zostavax (Shingles) Vaccine Available at Health Department

Kingsford, Michigan, November 20, 2015 – The Advisory Committee on Immunization Practices (ACIP) to the Centers for Disease Control and Prevention (CDC) recommends that people age 60 and older receive the Zostavax vaccine to prevent herpes zoster, or shingles, a condition that often leads to debilitating chronic pain.

Shingles is a painful skin rash, often with blisters. It is also called Herpes Zoster. A Shingles rash can last from 2-4 weeks. Its main symptom is pain which can be quite severe. Other symptoms of Shingles can include fever, headache, chills and upset stomach. For about 1 person in 5, severe pain can continue even long after the rash clears up. Only someone who has had chickenpox can get Shingles. The virus stays in your body and can cause Shingles many years later. The Shingles vaccine is recommended for adults 60 years of age and older.

The Dickinson-Iron District Health Department is now a provider for Medicare Part D immunizations. The Health Department can confirm co-pays and bill Medicare Part D. The most frequently requested immunizations are the Zostavax (Shingles) and Tdap (Tetanus-Diphtheria- Pertussis). The Health Department can bill Health insurance for persons 60-65 years old.

For more information or to make an appointment for this vaccination, call your health care provider or the Dickinson-Iron District Health Department at (906) 774-1868 or (906) 265-4150.

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