Lung Cancer

STATISTICS:

- Lung cancer is the leading cause of all cancer-related deaths in Michigan and the U.S.
- Lung cancer is the 2nd most frequently diagnosed cancer in Michigan for both men and women.
- During 2003, a total of 7,636 Michigan men and women were diagnosed with lung cancer.
- Michigan ranks 21st in the nation in lung cancer deaths.
- In 2006, the American Cancer Society estimates that there will be 6,240 new cases of lung cancer and 5,810 lung cancer deaths in Michigan.

SERVICES AVAILABLE:

Dickinson-Iron District Health Department
(906) 779-7234 or (906) 265-9913
www.didhd.org

SMOKING CESSATION RESOURCES:

Telephone Services:
- Michigan Tobacco Quit Line
  1-800-480-QUIT
- National Cancer Institute
  1-877-448-7848

Online Services:
- National Cancer Institute’s Live Help
  www.cancer.gov
- American Lung Association’s Freedom from Smoking Program
  www.lungusa.org
- Try-To-Stop Resource Center
  www.trytostop.org
- Quit Net – Quit All Together
  www.quitnet.com

Materials:
Tobacco cessation resource materials, including the Michigan Smoker’s Quit Kit, are available through the Health Promotions Clearinghouse online at www.hpclearinghouse.org or by calling 1-800-537-5666.
WHAT YOU SHOULD KNOW:

• Smoking is the leading risk factor for lung cancer. More than 95% of lung cancers that occur among current smokers were found to be a result of smoking.

• Non-smokers who breathe second-hand smoke have an increased risk of developing lung cancer. Non-smoking spouses of smokers have a 30 percent greater risk of developing lung cancer than do spouses of non-smokers.

• Other factors that increase an individual’s risk of developing lung cancer include:
  o Increasing age
  o A personal history of lung cancer
  o Environmental exposure to asbestos, radon, or other specific cancer-causing agents in the workplace or home.

The best way to prevent lung cancer is not to smoke and to avoid people who do.

RESOURCES:

Michigan Cancer Consortium
www.michigancancer.org

Michigan Steps Up
www.michiganstepsup.org

Smoke-Free Michigan
www.smokefreemichigan.org

American Cancer Society
www.cancer.org

American Lung Association
www.lungusa.org

Centers for Disease Control and Prevention
www.cdc.gov/tobacco

Lung Cancer Alliance
www.lungcanceralliance.org

National Cancer Institute
www.cancer.gov/cancerinfo/tobacco